## I WAS SEXUALLY ASSAULTED; WHAT DO I DO NOW?
### RESOURCES FOR UArizona STUDENTS, created by UA Survivor Advocacy.

**PLEASE NOTE:** None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option.

<table>
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<tr>
<th>Medical Care</th>
<th>Evidence Collection</th>
<th>Confidential Resources</th>
<th>Reporting</th>
<th>Emotional Support</th>
<th>Academic Support</th>
<th>Crisis Support Hotlines</th>
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</thead>
</table>
| I want medical care and/or treatment for physical injuries. | I want evidence collected i.e. rape kit, for support in a criminal complaint. | I want support and/or to talk with someone about the incident or my options confidentially: I want assistance creating a safety plan. | I want to report the assault(s) to the school or to the police. | I'm struggling emotionally with what happened to me | I need help with my classes and/or am struggling academically | I need crisis support now and it’s not typical business hours. *See also Confidential Resources for Tucson-based hotlines*

*Please note: some injuries may not be visible, but may be detectable through forensics.*

- Preventative medication should be started ASAP after the assault, preferably within 72 hours and can be collected up to 120 hours after the assault. A medical exam is strongly recommended if you’re considering reporting; however, it does not commit you to reporting to police. **However,** there may be costs related to the medical care provided by the emergency department staff. These costs may include: labs, X-rays, tests and medications to prevent pregnancy and sexually transmitted infections (STI's), including HIV. Get more info here: [www.sacasa.org/crisis/medical-forensic-exams/](http://www.sacasa.org/crisis/medical-forensic-exams/)
- **Tucson Medical Center-Emergency Room** 24/7 5301 E. Grant Road 520.327.5461 Only hospital in Tucson currently offering Medical Forensic Exams. Law enforcement notified; patient has the right to refuse any part of the exam.
- **SACASA** Southern Arizona Center Against Sexual Assault 520.327.7273 (24/7 hotline) Sexual Assault Advocates can assist you with getting a medical forensic exam ASAP and answering your questions.
- **Office of Institutional Equity** equity.arizona.edu File a report or get more information about reporting a perpetrator who is a student, staff, faculty or a UA-affiliated vendor.
- **Law Enforcement (UAPD)** 9-1-1 if on-campus (520) 621-8273 if off-campus TPD: Emergency: 911. Non-Emergency: (520) 791-4444
- **Survivor Advocacy Program** (M-F 9am-5p) 520.621.5767 survivoradvocacy.arizona.edu
- **Oasis, UA Counseling & Psych Services** 520.621.3334 This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.
- **Off-campus: (24/7)**
  - **Southern Arizona Center Against Sexual Assault** 520.327.7273 Anti-violence Hotline at SAAF for LGBTQ+ survivors 1.800.553.9387
  - **Survivor Advocacy Program** (M-F 9am-5pm) 520.621.5767 survivoradvocacy.arizona.edu
  - **Oasis, UA Counseling & Psych Services** 520.621.3334 This number is answered 24/7. Oasis offers counseling services for students impacted by sexual assault, relationship violence, and stalking.

**Student Assistance in Dean of Students**
- **Phone:** 520.621.7057 deanofstudents.arizona.edu

**The National Deaf Domestic Violence Hotline** provides advocacy and information regarding domestic violence and sexual assault
- **Phone:** 1.855.812.1001
- **Live chat:** thedeadfhotline.org

**TransLife Line**
- **877-565-8860**
- **trans-led organization for crisis & advocacy (not sexual assault-specific); ALL operators are transgender.**
- **translifeline.org**

**-Strong Hearts Native Helpline**
- **1-844-762-8483**
- **Live 7am-10pm C.T.**

**National Sexual Assault Hotline**
- **1.800.656.HOPE (4673)**
### MY PARTNER IS ABUSIVE; WHAT DO I DO NOW?

RESOURCES FOR UA students, created by UA Survivor Advocacy

**PLEASE NOTE:** None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option. Reporting to one individual is not mutually exclusive from reporting to another individual. Choosing one route does not preclude or exclude other options, and the student may speak with multiple groups & pursue multiple actions at the same time.

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<th>Confidential Resources</th>
<th>Reporting</th>
<th>Emotional Support</th>
<th>Academic Support</th>
<th>Crisis Support Hotlines</th>
<th>Legal or Court Support</th>
</tr>
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<tbody>
<tr>
<td>I want to talk with someone about my relationship and/or my options confidentially; I want assistance creating a safety plan.</td>
<td>I want to report the abuse to the school or to the police.</td>
<td>I'm struggling emotionally with what happened to me</td>
<td>I need help with my classes and/or am struggling academically</td>
<td>I need crisis support now and it's not typical business hours. <em>See also Confidential Resources for Tucson-based hotlines</em></td>
<td>I need legal advice from a lawyer because of housing issues and/or someone to help me get an Order of Protection.</td>
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<td><strong>Survivor Advocacy Program</strong> <em>(M-F 9am-5p)</em> 520.621.5767 survivoradvocacy.arizona.edu</td>
<td><strong>Oasis, UA Counseling &amp; Psych Services</strong> 520.621.3334</td>
<td><strong>Survivor Advocacy Program</strong> <em>(M-F 9am-5p)</em> 520.621.5767</td>
<td><strong>Survivor Advocacy Program</strong> 520.621.5767</td>
<td><strong>The National Deaf Domestic Violence Hotline</strong> provides advocacy and information regarding domestic violence and sexual assault Video phone: 1.855.812.1001 Live chat:thedeadfhotline.org</td>
<td><strong>Legal Services:</strong> UA DV Law Clinic 520-626-2256</td>
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<td><strong>Office of Institutional Equity</strong> equity.arizona.edu</td>
<td><strong>Oasis, UA Counseling &amp; Psych Services</strong> 520.621.3334</td>
<td><strong>Student Assistance in Dean of Students</strong> (non confidential) Phone: 520.621.7057 deanofstudents.arizona.edu</td>
<td><strong>Survivor Advocacy Program</strong> 520.621.5767</td>
<td><strong>TransLife Line</strong> 877-565-8860 trans-led organization for crisis &amp; advocacy (not sexual assault-specific); ALL operators are transgender. transfeline.org</td>
<td><strong>Pima County Bar Association at</strong> (520) 623-4625</td>
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<td><strong>Law Enforcement</strong> <em>(UAED)</em> 9-1-1 if on-campus (520) 621-8273 if off-campus</td>
<td><strong>Survivor Advocacy Program</strong> <em>(M-F 9am-5p)</em> 520.621.5767</td>
<td><strong>Survivor Advocacy Program</strong> 520.621.5767</td>
<td><strong>Order of Protections &amp; Court Advocacy</strong> AZPoint Protective Orders azpoint.azcourts.gov/ Start your own petition for an Order of Protection directly here.</td>
<td><strong>TransLife</strong> 844-762-8483 <em>open 7am-10pm C.T.</em></td>
<td><strong>Southern Arizona Legal Aid's services by calling</strong> (520) 623-9465.</td>
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<td><strong>TPD:</strong> 911. Non-Emergency: (520) 791-4444</td>
<td><strong>Survivor Advocacy Program</strong> <em>(M-F 9am-5p)</em> 520.621.5767</td>
<td><strong>Survivor Advocacy Program</strong> 520.621.5767</td>
<td><strong>Strong Hearts Native Helpline</strong> 1-844-762-8483 <em>open 7am-10pm C.T.</em></td>
<td><strong>National Domestic Violence Hotline</strong> 1–800–799–7233</td>
<td><strong>Order of Protections &amp; Court Advocacy</strong> AZPoint Protective Orders azpoint.azcourts.gov/ Start your own petition for an Order of Protection directly here.</td>
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<td><em>Please note the Survivor Advocacy Program can provide information and assistance regarding reporting processes. (M-F 9am-5pm) 520.621.5767 survivoradvocacy.arizona.edu</em></td>
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**Anti-violence Hotline at SAAF** for LGBTQ+ survivors 1.800.553.9387

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**Emerge! Center Against Domestic Abuse** 888-428-0101