## I WAS SEXUALLY ASSAULTED; WHAT DO I DO NOW?

## **RESOURCES FOR UArizona STUDENTS, created by UA Survivor Advocacy.**

PLEASE NOTE: None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option.

Medical Care Evidence Collection Confidential Reporting Emotional Academic Support Crisis Support Ho							
Medical Care	Evidence Collection	Resources	Reporting	Support	Academic Support	Crisis Support Hotlines	
		1000000000		ouppoint			
I want medical care and/or	I want evidence collected i.e. rape kit, for support in a	I want support	I want to report the assault(s)	I'm struggling	I need help with my	I need crisis support now and	
treatment for physical	criminal complaint.	and/or to talk with	to the school or to the police.	emotionally with	classes and/or am	it's not typical business hours.	
injuries.		someone about the		what happened to	struggling academically	*See also Confidential	
		incident or my		те		Resources for Tucson-based	
		options				hotlines*	
		confidentially; I					
(Please note: some injuries may not be visible , but may be detectable through forensics.)		want assistance					
		creating a safety plan.					
Preventative medication	Evidence should be collected ASAP after an assault,	Survivor Advocacy	Office of Institutional Equity	Oasis, UA	Survivor Advocacy	The National Deaf Domestic	
should be started ASAP after	preferably within 72 hours and can be collected up to	Program	equity.arizona.edu	Counseling & Psych	Program	Violence Hotline provides	
the assault, preferably within	120 hours after the assault. A medical exam is strongly	(M-F 9am-5p)	File a report or get more	Services	520.621.5767	advocacy and information	
72 hours although	recommended if you're considering reporting; however,	520.621.5767	information about reporting a	520.621.3334	Survivor advocacy can	regarding domestic violence	
emergency contraception	it does not commit you to reporting to police.	survivoradvocacy.ari	perpetrator who is a student,	This number is	help request academic	and sexual assault	
may be taken up to 120	The Medical Forensic Exam you receive is at NO COST.	zona.edu	staff, faculty or a UA-affiliated	answered 24/7.	accommodations, help	Video phone: 1.855.812.1001	
hours after the assault.	<b>However,</b> there may be costs related to the medical	<u></u>	vendor.	Oasis offers	with retroactive	Live chat:thedeafhotline.org	
·······	care provided by the emergency department staff.	Oasis, UA		counseling services	withdrawals and		
If you are concerned about	These costs may include: labs, X-rays, tests and	Counseling & Psych	Law Enforcement	for students	appeals for survivors	TransLife Line	
medical care showing up on	medications to prevent pregnancy and sexually	Services	(UAPD)	impacted by sexual		877-565-8860	
insurance statements, see	transmitted infections (STI's), including HIV. Get more	520.621.3334	9-1-1 if on-campus	assault, relationship	Student Assistance in	trans-led organization for crisis	
our off-campus options	info here:	This number is	(520) 621-8273 if off-campus	violence, and	Dean of Students	& advocacy (not sexual	
which can provide services	www.sacasa.org/crisis/medical-forensic-exams/	answered 24/7.		stalking.	Phone: 520.621.7057	assault-specific); ALL operators	
without insurance.		Oasis offers	TPD:		deanofstudents.arizona.	are transgender.	
	Tucson Medical Center-Emergency Room 24/7	counseling services	Emergency: 911.	Survivor Advocacy	<u>edu</u>	translifeline.org	
Campus Health	5301 E. Grant Road	for students	Non-Emergency: (520)	Program			
Check your physical health,	520.327.5461	impacted by sexual	791-4444	(M-F 9am-5pm)		-Strong Hearts Native Helpline	
check for STIs, offer	Only hospital in Tucson currently offering Medical	assault, relationship		520.621.5767		1-844-762-8483	
emergency contraception.	Forensic Exams. Law enforcement notified; patient has	violence, and	Please note the Survivor	survivoradvocacy.		*open 7am-10pm C.T.	
Does NOT perform Medical	the right to refuse any part of the exam.	stalking.	Advocacy Program can	.arizona.edu			
Forensic Exams.	SACASA	Off-campus: (24/7)	provide information and assistance regarding	Can provide		National Sexual Assault Hotline	
Off-campus:	Southern Arizona Center Against Sexual Assault	Southern Arizona	reporting processes.	emotional support		1.800.656.HOPE (4673)	
Planned Parenthood-	520.327.7273 (24/7 hotline)	Center Against	(M-F 9am-5pm)	and advocacy		1.800.030.110FL (4073)	
Margaret Sanger Health	Sexual Assault Advocates can assist you with getting a	Sexual Assault	520.621.5767	services.			
Center	medical forensic exam ASAP and answering your	520.327.7273	survivoradvocacy.arizona.edu				
520.408.5726	questions.	Anti-violence					
		Hotline at SAAF for					
Pima County Health		LGBTQ+ survivors					
Department Theresa Lee		1.800.553.9387					
Clinic							
520.724.7900					1		



## MY PARTNER IS ABUSIVE; WHAT DO I DO NOW?

## **RESOURCES FOR UArizona STUDENTS, created by UA Survivor Advocacy**

PLEASE NOTE: None of these items are mutually exclusive. The student may speak with anyone at any time. Reporting is always an option. Reporting to one individual is not mutually exclusive from reporting to another individual. Choosing one route does not preclude or exclude other options, and the student may speak with multiple groups & pursue multiple actions at the same time.

Confidential Resources	Reporting	Emotional Support	Academic Support	Crisis Support Hotlines	Legal or Court Support
I want to talk with someone about	I want to report the abuse to the	I'm struggling emotionally with	I need help with my classes and/or	I need crisis support now and it's	I need legal advice from a lawyer
my relationship and/ or my options	school or to the police.	what happened to me	am struggling academically	not typical business hours.	because of housing issues and/or
confidentially; I want assistance				*See also Confidential Resources	someone to help me get an Order
creating a safety plan.				for Tucson-based hotlines*	of Protection.
Survivor Advocacy Program	Office of Institutional Equity	Oasis, UA Counseling & Psych	Survivor Advocacy Program	The National Deaf Domestic	Legal Services:
(M-F 9am-5p)	equity.arizona.edu	Services	520.621.5767	Violence Hotline	UA DV Law Clinic
520.621.5767	File a report or get more	520.621.3334	Survivor advocacy can help request	provides advocacy and	520-626-2256
survivoradvocacy.arizona.edu	information about reporting a	This number is answered 24/7.	academic accommodations, help	information regarding domestic	
	perpetrator who is a student, staff,	Oasis offers counseling services for	with retroactive withdrawals and	violence and sexual assault	Pima County Bar Association at
Oasis, UA Counseling & Psych	faculty or a UA-affiliated vendor.	students impacted by sexual	appeals for survivors.	Video phone: 1.855.812.1001	(520) 623-4625
Services		assault, relationship violence, and		Live chat:thedeafhotline.org	
520.621.3334	Law Enforcement	stalking.	Student Assistance in Dean of	-	Southern Arizona Legal
This number is answered 24/7.	(UAPD)		Students (non confidential)	TransLife Line	Aid's services by calling (520)
Oasis offers counseling services for	9-1-1 if on-campus	Survivor Advocacy Program	Phone: 520.621.7057	877-565-8860	623-9465.
students impacted by sexual	(520) 621-8273 if off-campus	(M-F 9am-5pm)	deanofstudents.arizona.edu	trans-led organization for crisis &	
assault, relationship violence, and		520.621.5767		advocacy (not sexual	Order of Protections & Court
stalking.	TPD:	survivoradvocacyarizona.edu		assault-specific); ALL operators are	Advocacy
	Emergency: 911.	Can provide emotional support		transgender.	AZPoint Protective Orders
Off-campus: (24/7)	Non-Emergency: (520) 791-4444	and advocacy services.		translifeline.org	azpoint.azcourts.gov/
Emerge! Center Against Domestic					Start your own petition for an
Abuse	*Please note the Survivor			Strong Hearts Native Helpline	Order of Protection directly here.
888-428-0101	Advocacy Program can provide			1-844-762-8483	
	information and assistance			*open 7am-10pm C.T.	Survivor Advocacy Program
Anti-violence Hotline at SAAF	regarding reporting processes.			Notice of Descent Affects of	520.621.5767
for LGBTQ+ survivors	(M-F 9am-5pm)			National Domestic Violence	Survivor advocacy can help
1.800.553.9387	520.621.5767			Hotline	complete an Order of Protection
	survivoradvocacy.arizona.edu			1-800-799-7233	petition & accompany you to
					court.
					Emorgel Conton Against Demortin
					Emerge! Center Against Domestic Abuse
					can help getting an order of
					protection.
					888-428-0101
					000-420-0101



